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- b) immunizing said adult with said immunizing preparation under conditions such that said symptoms are reduced.

Please add the following claims:

18. (New) A method of immunizing an adult human, comprising:

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- a) providing: i) an adult with symptoms of autoimmune disease, and ii) an immunizing preparation comprising an Autoimmune Target Antigen and Incomplete Freund's Adjuvant;
- b) immunizing said adult with said immunizing preparation;
- c) obtaining a primary cell population from said immunized adult comprising T cells capable of secreting cytokines;
- d) adding said primary cell population to said microwell comprising a hydrophobic membrane having a first cytokine binding ligand, under conditions such that said T cell secretes a cytokine that binds to said first cytokine binding ligand; and
- e) detecting said secreted T cell cytokine.

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19. (New) The method of Claim 18, wherein said Autoimmune Target Antigen is myelin basic protein.